

# TRIPLE CHALLENGE



A Unique Triathlon! Single or Dual Event Participation Also Allowed.  
5K Run 32K Bike 18 Holes of Golf

All net proceeds benefit Central Dupage Hospital's *Cancer and Critical Care Treatment Assistance Fund*

 **Date** Sunday, May 18<sup>th</sup>, 2008

 **Events Schedule**

Event sign in Wheaton, IL at intersection of W. Liberty Drive and S. Carlton Street 7:00 a.m. - 7:30 a.m. Just south of wooden bridge crossing the railroad tracks.


5K run - 8:00 a.m. The run will start at mile marker 0 on the Prairie Path and head Northwest for 2.5K and return on the same route back to mile marker 0.


32K bike - 9:15 a.m. The bike will start at mile marker 0 on the Prairie Path and head Northwest for 16K (10 miles) and return on the same route back to mile marker 0.

Lunch is now On Your Own - Team up with fellow participants at a restaurant or at the golf course for lunch.

18 holes of golf starts with groups of 4, tee times starting at 12:30 at [The Village Links of Glen Ellyn](#). Address is 485 Winchell Way, Glen Ellyn, IL 60137. Phone Number 630-469-8180.

Dinner is an informal dinner for those who want to attend at the Golf Clubhouse.

 **Location** Run and bike in Wheaton, IL at intersection of W. Liberty Drive and S. Carlton Street. Golf at The Village Links of Glen Ellyn, 485 Winchell Way, Glen Ellyn, IL 60137.

 **Registration and Fees** To be considered for Triple Challenge, complete your registration by printing the form at the following link [www.ekstromcutter.com/triplechallenge.htm](http://www.ekstromcutter.com/triplechallenge.htm). Entry fee is noted below. All proceeds after costs will be applied directly to the above charity. Entries will be confirmed after fee and complete registration is received. Make entry checks payable to Triple Challenge. Mail application and check to **Triple Challenge, P.O. Box 63, Glen Ellyn, IL 60138-0063**.

- **Run Only, Bike Only, or Run and Bike Only (No Golf)** \$50.00 entry fee includes an event tee shirt. No dinner or lunch included.
- **Golf Only (No run or bike)** \$30.00 entry fee - plus participant pays required fee at the course. Click link below for fees at course including fees for cart. ([http://www.villagelinksgolf.com/hours\\_fees.cfm](http://www.villagelinksgolf.com/hours_fees.cfm)). Includes an event tee shirt. No dinner or lunch included.
- **True Triple Challenge - Run, Bike, and Golf** \$150.00 includes golf (with a cart or without a cart - your choice) and dinner (no lunch) at the Clubhouse (dinner not to exceed \$25.00), or \$125.00 without dinner. Includes an event tee shirt.
- **Three Person Team Format Triple Challenge** \$85.00 each participant completes only 1 event. Price includes includes golf (with a cart or without a cart - your choice) for 1 participant and dinner (no lunch) at the Clubhouse for all 3 participants (dinner not to exceed \$25.00 for each participant). Includes an event tee shirt for all 3 participants.



**Formats** Four formats are available:

- Individual: one person completes all three events. This is a True Triple Challenge.
- 2 person team: each person completes all three events: 5K run - combined time; 33K bike - combined time; 18 holes of golf - co-ed team format is scramble, male team and female team format is 6 holes scramble, 6 holes alternate shot, 6 holes best ball. This is a True Triple Challenge.
- 3 person team: each person completes only 1 event. 5K run, 32K bike, 18 holes golf. Entry fee is \$85.00 per participant. Only 1 person can attend dinner and lunch due to space limitations.
- Individual: one person completes the 5 K run and 33K bike (essentially a Double Challenge). See fee charge above. We will list results for these participants.

Age divisions: 21-29, 30-39, 40-49, 50-59, 60 and older.

**\*\* Run Format:** *The run will start at mile marker 0 on the Prairie Path and head Northwest for 2.5K and return on the same route back to mile marker 0.* This is generally a flat course with some minor hills. Water will be provide in cups at the half way point. The run route will be posted to the website in the future. After the race, water will be available.

**\*\* Bike Format:** *The bike will start at mile marker 0 on the Prairie Path and head Northwest for 16K (10 miles) and return on the same route back to mile marker 0.* This is not a closed course and bikers must follow the rules of the Prairie Path and road (at crossings). There will not be any water provided during the race. The bike route will be posted to the website in the future. After the race, water will be available.

**\*\* Golf Format:** See above notes regarding golf carts. 18 holes of golf - co-ed team format is scramble, male team and female team format is 6 holes scramble, 6 holes alternate shot, 6 holes best ball.

**\*\* Lunch, Golf, and Dinner:** No showers are available. We recommend bringing a clean change of clothing along with personal items to clean up after the bike and run race portions. Lunch is no longer included. The golf course will run the golf portion and will have beverage carts on the course for purchasing refreshments. Dinner may, or may not, be included depending on which option you've selected (see above for details). A full bar is available, but not paid for by the event (so bring cash).



**Cancer and Critical Care Treatment Assistance Fund** has been established in partnership with the Central DuPage Hospital and the Central DuPage Hospital Foundation to assist patients in need of special assistance by helping patients receive or continue medical care they might not have been able to otherwise afford. Donations, separate from the entry fee, may be tax deductible and should be made directly to the "Central DuPage Health Foundation" with a memo section note "Cancer & Critical Care Fund.". Any checks strictly for donation and not for the entry fee can be mailed to the Foundation at the address below:

[Cancer and Critical Care Treatment Assistance Fund](#)  
c/o Central DuPage Health Foundation  
27W353 Jewell Road  
Winfield, IL 60190

Please include a return address of the donator. A letter will be sent from the Central DuPage Health Foundation confirming receipt of the donated fund



### **Sponsors**

Individuals and corporations can sponsor Triple Challenge. Available sponsorships will consist of Associate Sponsors, Corporate Sponsors, and Major Sponsors. More details available at the registration website.

***Make entry only checks payable to "Triple Challenge" and mail to below address:***

***For more information, please contact:***

Triple Challenge, P.O. Box 63, Glen Ellyn, IL 60138-0063

Tel. 815-978-3170

[www.ekstromcutter.com/triplechallenge.htm](http://www.ekstromcutter.com/triplechallenge.htm), [todd@ekstromcarlson.com](mailto:todd@ekstromcarlson.com)